



Volunteer Opportunities For Teens

Make a Difference

Some volunteer opportunities may be on hold
due to Covid 19 restrictions.



Local Volunteer Agencies

American Red Cross

www.redcross.org

Anthony Incarnato

347-880-5032

Anthony.Incarnato@redcross.org

14 years & older

Special Projects younger w/ parent

Atria- South Setauket

www.atriaseniorliving.com

Karen Farrell

631-473-8000

16 years & older

Avalon Park S.T.A.T.E. Program

state.avalonparkandpreserve.org/youth-programs/

Kayla Kraker

631-689-0619 Office

631-786-2605 Cell

Grades 8 through 12 (up to 17 years old)

Bethel Hobbs Community Farm

<http://hobbsfarm.info/volunteer>

631-774-1556

ann@hobbsfarm.info

11-18 years old (11-13 with parent)

Bide-A-Wee Junior Volunteer Program

www.bideawee.org/Volunteer

Casey

866-262-8133 Wantagh **16 years & older**

631-684-0079 West Hampton **10-17 years old with parent**

(Mondays from 3-5pm, Saturdays vary)

Coastal Steward – Beach Cleanups

<https://www.coastalsteward.org/news-and-events.html>

Bruce Folz

631-742-7712

Opportunities for All Ages

Energieia for Teens- Molloy College

www.molloy.edu/about-molloy-college/community-and-institutes/energieia-for-teens

Deb or Waldron

516-323-4734

energieiaforteens@molloy.edu

14-19 years old

Farmingville Residents Association Youth Civic

<https://farmingvilleresidents.home.blog/>

Susie Bogden-Sweeney

631-260-7411

fra23@optonline.net

14-8 years old

The Guide Dog Foundation for the Blind

Volunteer.GuideDog.org

Barrie Madasu

631-930-9000 ext. 1254

info@guidedog.org

Opportunities for All Ages, (Application Required)

Habitat for Humanity

www.habitat.org/volunteer

Caroljean D'Aquila - Outreach Associate

631-924-4966 ext. 108

outreach@habitatsuffolk.org

16 years & older (Opportunities for 5 to 40 years old & families)

League of Yes

Kristine Fitzpatrick

www.leagueofyes.com/volunteer/

631-278-6385

kristine@leagueofyes.com

11-18 years old (Spring & Fall Only)

LGBT Network

<https://lgbtnetwork.org/content/network-volunteer-application>

631-665-2300

info@lgbtnetwork.org

Long Island Blood Services

www.nybloodcenter.org/support-us/volunteer-nybc/

516-478-5164

Volunteers@nyloc.org

16 years & older

Long Island Cares, Hauppauge

www.licares.org/make-a-difference/volunteer/

Christine Brown

631- 582-3663 ext. 120

info@licares.org

14 years & older

Long Island Explorium, Port Jefferson

<https://longislandexplorium.org/>

Rianna Balz

631-331-3277

rianna@longislandexplorium.org

14 years & older

Mather Hospital

www.matherhospital.org/volunteer/

Keri Dunne

631-476-2749 ext. 4249

14 years & older

Long Island State Veterans Home at Stony Brook University

<https://veteranshome.stonybrookmedicine.edu/volunteer>

Samantha Calandrino

631-444-8590

Samantha.Calandrino@lisvh.org

14 years & older

Must be fully vaccinated.

Pal-O-Mine Equestrian

<https://pal-o-mine.org/volunteer/>

Andrea Casey

631-348-1389

acasey@pal-o-mine.org

16 years & older

Must attend volunteer orientation and receive 8 hours of training

Quogue Wildlife Refuge

<http://quogewildliferefuge.org/get-involved/become-a-volunteer/>

Marisa Nelson

631-653-4771

marisa@quogewildliferefuge.org

13 years & older

Reality Check Long Island

<http://realitycheckli.org/>

631-415-0944

PJ.Tedeschi@lung.org

12-18 years old

Relay-for-Life

American Cancer Society

RelayForLife.org

Christine Haskell

631-300-3171

12 years & older

Sachem Community Youth Services

Tutors Needed

<http://www.sachemcys.com/>

Ilyse Kantor

631-585-1811

ik.sachemcys@gmail.com

Save-A-Pet: Port Jefferson Station

www.saveapetusa.org/volunteer/

Dori Scofield

631-473-6333 ext. 141

info@saveapetusa.org

12 years & older

Special Olympics

<https://www.specialolympics.org/get-involved/volunteer>

Brendan Callahan

631-254-1465 ext. 4202

bcallahan@nyso.org

13 - 16 years with parent

St. Charles Hospital

<https://www.chsli.org/st-charles-hospital/ways-give/volunteer>

Heather Reynolds

631-474-6365

Heather.Reynolds@chsli.org

15 years & older

Stony Brook Hospital

www.stonybrookmedicine.edu/patientcare/hospital-volunteers

631-444-2610

volunteerservices@stonybrookmedicine.edu

14-17 years old

Suffolk County Council

Boy Scouts of America

Kim Taylor

631-924-7000 ext. 118

Kim.Taylor@scouting.org

14 years old & older

Call for volunteer opportunities

Suffolk County Police Explorers, Medford

<https://scpdcrb.suffolkcountyny.gov/Police-Explorers>

Keith Murphy

631-854-8673

keithg.murphy@suffolkcountyny.gov

14-21 years old

Sunshine Prevention Center, Port Jefferson Station

www.sunshinepreventionctr.org

Carol Carter

631-476-3099

Shine1@optonline.net

14 years & older

Sweetbriar Nature Center

<http://sweetbriarnc.org>

Eric Young

631-979-6344 ext. 102

eywbriarnc@aol.com

16 years & older

younger with parent present

Town of Brookhaven Youth Board

www.brookhavenny.gov

Frank Petrigani

631-451-8011 (main)

631-451-6547 (voicemail)

14-18 years

Town of Brookhaven Youth Bureau

INTERFACE Program

www.brookhavenny.gov

Josephine Lunde

631-451-8011 (main)

631-451-8026 (voicemail)

11-18 years

Ward Melville Heritage Youth Corps

<https://wmho.org/education-programs/youth-corps/>

Deborah Boudreau

631-751-2244

11-17 years

YMCA- Patchogue

<https://ymcali.org/association-services/volunteer>

Phil Insalaco

631-891-1800 ext. 1812

phil.insalaco@ymcali.org

15-17 years old

or call 1-855-2YMCALI to volunteer at a branch near you

Junior Firefighter Programs

These programs are generally restricted to teens between the ages of 14 and 17. An application may be required; please contact your local Fire Department for availability and more.

Farmingville Fire Department

<https://www.farmingvillefd.org/>

780 Horseblock Road
Farmingville, NY 11738
631-732-6611

Holbrook Fire Department

<https://www.holbrookfd.org/>

390 Terry Road
Holbrook, NY 11741
631-588-0099

Holtsville Fire Department

<https://holtsvillefd.com/>

1025 Waverly Avenue
Holtsville, NY 11742
631-475-5238

Lakeland Fire Department

<https://www.lakelandfd.net/>

929 Johnson Avenue
Ronkonkoma, NY 11779
631-588-8373

Ronkonkoma Fire Department

<https://www.ronkonkomafd.org/>

Explorer Program
177 Portion Road
Lake Ronkonkoma, NY 11779
631-588-8204

Independent Volunteer Opportunities

AmeriCorps

www.nationalservice.gov/programs/ Americorps

AmeriCorps is a network of local, state, and national service programs that connects more than 70,000 Americans each year in intensive service to meet our country's critical needs in education, public safety, health, and the environment.

ASPCA

<http://www.aspca.org/take-action>

Create your own fundraising campaign for animals.

Do Something

www.dosomething.org

Uses the power of online to get teens to do good stuff offline.

Kids for Wish Kids

<https://wish.org/volunteer>

Partner with Make-A-Wish chapters to create fundraisers and sponsor a wish for a child with a life-threatening medical condition.

The Long Island Volunteer Center

<https://longislandvolunteercenter.org>

A central hub for individuals and groups to connect directly with organizations.

Nicodemus Wilderness Project Apprentice Ecologist Initiative Program

<http://www.wildernessproject.org/volunteer.php>

The Nicodemus Wilderness Project is a 501(c)(3) publicly-supported nonprofit organization that coordinates large-scale events that utilize the resources of the local community to provide long-term environmental benefits for nature and wildlife. The goals of the Apprentice Ecologist Initiative™ (officially recognized by the U.S. EPA) are to elevate kids and teens into leadership roles by engaging them in environmental stewardship projects, empower youth to rebuild the environmental and social well-being of our communities, and improve local living conditions for both citizens and wildlife.

Operation Gratitude

<https://www.operationgratitude.com/express-your-thanks-virtual/>

Show appreciation to service members by working on projects at home such as paracord bracelets and knitting or sewing hats and scarves.

Project Linus

www.projectlinus.org

Project Linus is a non-profit organization with a mission to provide love, a sense of security, warmth and comfort to children who are seriously ill, traumatized, or otherwise in need through the gifts of new, handmade blankets and afghans, lovingly created by volunteer “blanketeers.”

Salvation Army

www.salvationarmyusa.org

The Salvation Army provides social services, rehabilitation centers, disaster services, character building groups, and activities for all ages.

Ryan's Case for Smiles

<https://caseforsmiles.org/new-york/>

Sew cheerful pillowcases to help a child cope with illness.

Students Rebuild

<http://studentsrebuild.org>

Create simple symbolic objects that are matched by funding from the organization to take action and facilitate change internationally.

United Way

www.unitedway.org

The United Way is a nationwide umbrella organization for thousands of charitable organizations.

Volunteer Match

www.volunteermatch.org

As the largest online network of participating nonprofits, VolunteerMatch attracts thousands of volunteers every day.

Youth Changing the World

Youth Service America

www.ysa.org

Find your voice, take action, and make an impact on vital community issues.

Think outside the box!

Many community groups are looking for volunteers, and some may not have occurred to you. Most of us know that hospitals, libraries, and churches use volunteers for a great deal of their work, but here are some volunteer opportunities that may not have crossed your mind:

- Day care centers, Neighborhood Watch, Public Schools, and Colleges
- Community Theaters, Fraternal Organizations, and Civic Clubs
- Retirement Centers and Homes for the Elderly, Meals on Wheels, Church or Community-Sponsored Soup Kitchens or Food Pantries
- Museums, Art Galleries, and Monuments
- Community Choirs, Bands, and Orchestras
- Neighborhood Parks, Youth Organizations, Sports Teams, and after-school programs
- Historical Restorations, Battlefields, and National Parks

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