Volunteer Opportunities For Teens

Make a Difference
Local Volunteer Agencies

American Red Cross
www.redcross.org
Travis Pam
646-584-1323
travis.pam@redcross.org
14 years & older
Special Projects younger w/ parent

American Littoral Society
www.littoralsociety.org
Beach Clean Up- Natalie Grant
718-869-3488
info@littoralsociety.org
All ages with parent

Atria- South Setauket
www.atriaseniorliving.com
Karen Farrell
631-473-8000
16 years & older

Avalon Park S.T.A.T.E. Program
state.avalonparkandpreserve.org
Kayla Kraker
631-786-2605
Grades 8 through 12 (up to 17 years old)

Bethel Hobbs Community Farm
http://hobbsfarm.info/volunteer/
631-774-1556
ann@hobbsfarm.info
11-18 years old (11-13 with parent)

Bide-A-Wee Junior Volunteer Program
www.bideawee.org/Volunteer
Alicia
866-262-8133 Wantagh
631-684-0079 West Hampton
10-17 years old with parent (Mondays from 3-5pm, Saturdays vary)
Coastal Steward – Beach Cleanups
https://coastalsteward.org/volunteer
Denis Mellett
631-941-6528
info@coastalsteward.org
Opportunities for All Ages

Energeia for Teens- Molloy College
www.molloy.edu/about-molloy-college/community-and-institutes/energeia-for-teens
Nancy Fox
516-323-4706
n.fox@molloycollege
14-19 years old

The Guide Dog Foundation for the Blind
volunteer.guidedog.org
Barrie Madasu
631-930-9093 ext 108
Opportunities for All Ages, (Application Required)

Habitat for Humanity
www.habitat.org/volunteer
Caroljean D’Aquila - Outreach Associate
631-924-4966 ext. 108
outreach@habitatsuffolk.org
16 years & older (Opportunities for 5 to 40 years old & families)

League of Yes
Kristine Fitzpatrick
www.leagueofyes.com/volunteer/
631-278-6385
kristine@leagueofyes.com
11-18 years old (Spring & Fall Only)

Long Island Blood Services
www.nybloodcenter.org/support-us/volunteer-nybc/
Robin Quagliata
516-478-5108
16 years & older
Long Island Cares, Hauppauge
www.licares.org/make-a-difference/volunteer/
Christine Brown
631- 582-3663 ext. 120
14 years & older

Maritime Explorium, Port Jefferson
https://longislandexplorium.org/
Carole Van Duyn
631-331-3277
Info@MaritimeExplorium.Org
14 years & older

Mather Hospital
www.matherhospital.org/become-a-volunteer.php
Keri Dunne
631-476-2749 ext. 4249
14 years & older

NYS Veterans Home at Stony Brook University
https://veteranshome.stonybrookmedicine.edu/volunteer
Samantha Meyers
631-444-8590
Samantha.Meyers@lisvh.org
14 years & older

Pal-O-Mine Equestrian
https://pal-o-mine.org/volunteer/
Carol Ann Guerriero
631-348-1389
cguerriero@pal-o-mine.org
16 years & older
Must attend volunteer orientation and receive 8 hours of training

Quogue Wildlife Refuge
http://quoguewildliferefuge.org/get-involved/become-a-volunteer/
Marisa Nelson
631-653-4771
marisa@quoguewildliferefuge.org
13 years & older
Reality Check Long Island
http://realitycheckli.org/
Judith Montauban
RCLI Manager
631-415-0944
Judith.Montauban@lungne.org
12-18 years old

Relay-for-Life
American Cancer Society
RelayForLife.org
Pamela Parker
631-300-3178
12 years & older

Sachem Community Youth Services
Tutors Needed
http://www.sachemcys.com/
Ilyse Kantor
631-585-1811
ik.sachemcys@gmail.com

Save-A-Pet: Port Jefferson Station
www.saveapetny.org
Dori Scofield
631-473-6333
volunteer@saveapetny.org
12 years & older

Special Olympics
http://specialolympics-ny.org/volunteers
Diane Colonna
631-254-1465 ext. 4206
13 - 16 years with parent
St. Charles Hospital
http://stcharleshospital.chsli.org/volunteer-hospital
Tina Murano
631-474-6365
15 years & older

Stony Brook Hospital
www.stonybrookmedicine.edu/patientcare/hospital-volunteers
Kathy Kress
631-444-2610
Kathleen.Kress@stonybrookmedicine.edu
14 years & older

Suffolk County Council
Boy Scouts of America
Kimberly Russel
631-924-7000 ext. 0
Kimberly.Russell@scouting.org
Must be 14 years old and older
Call for volunteer opportunities

Suffolk County Police Explorers, Medford
http://apps.suffolkcountyny.gov/police/communityoutreach.htm
14-21 years old

Sunshine Prevention Center, Port Jefferson Station
www.sunshinepreventionctr.org
Carol Carter
631-476-3099
14 years & older

Sweetbriar Nature Center
http://sweetbriarnc.org
Eric Young
631-979-6344 ext. 102
eywbriarnc@aol.com
16 years & older
younger with parent present
Town of Brookhaven Highway Department
Holtsville Ecology Center
April
631-758-9664, ext. 19
16 years & up with valid Social Security card

Town of Brookhaven Youth Board
Frank Petrignani
631-451-8011 (main)
631-451-6547 (voicemail)
14-18 years

Town of Brookhaven Youth Bureau
INTERFACE Program
Josephine Lunde
631-451-8011 (main)
631-451-8026 (voicemail)
11-18 years

Ward Melville Heritage Youth Corps
https://wmho.org/education-programs/youth-corps/
Deborah Boudreau
631-751-2244
11-17 years

YMCA- Patchogue
https://ymcali.org/association-services/volunteer
Phil Insalaco
631-891-1800 ext. 812
phil.insalaco@ymcali.org
15-17 years old
or call 1-855-2YMCALI to volunteer at a branch near you
Junior Firefighter Programs

These programs are generally restricted to teens between the ages of 14 and 17. An application may be required; please contact your local Fire Department for availability and more information.

Farmingville Fire Department
780 Horseblock Road
Farmingville, NY 11738
Contact: Eddie Stewart
631-732-6611

Holbrook Fire Department
390 Terry Road
Holbrook, NY 11741
631-588-0099

Holtsville Fire Department
1025 Waverly Avenue
Holtsville, NY 11742
Contact: Eric
631-475-5238

Lakeland Fire Department
929 Johnson Avenue
Ronkonkoma, NY 11779
Contact: Dennis
631-588-8373

Ronkonkoma Fire Department
Explorer Program
177 Portion Road
Lake Ronkonkoma, NY 11779
631-588-8204
Independent Volunteer Opportunities

AmeriCorps
www.nationalservice.gov/programs/americorps
AmeriCorps is a network of local, state, and national service programs that connects more than 70,000 Americans each year in intensive service to meet our country's critical needs in education, public safety, health, and the environment.

ASPCA
http://www.aspca.org/take-action
Create your own fundraising campaign for animals.

Do Something
www.dosomething.org
Uses the power of online to get teens to do good stuff offline.

Kish for Wish Kids
wish.org/ways-to-help/fundraising/kids-for-wish-kids
Partner with Make-A-Wish chapters to create fundraisers and sponsor a wish for a child with a life-threatening medical condition.
Nicodemus Wilderness Project
Apprentice Ecologist Initiative Program
http://www.wildernessproject.org/volunteer.php

The Nicodemus Wilderness Project is a 501(c)(3) publicly-supported nonprofit organization that coordinates large-scale events that utilize the resources of the local community to provide long-term environmental benefits for nature and wildlife. The goals of the Apprentice Ecologist Initiative™ (officially recognized by the U.S. EPA) are to elevate kids and teens into leadership roles by engaging them in environmental stewardship projects, empower youth to rebuild the environmental and social well-being of our communities, and improve local living conditions for both citizens and wildlife.

On Giants’ Shoulders
www.ongiantsshoulders.org
An online community service initiative for high school students to motivate at risk elementary and middle school teens.

Project Linus
www.projectlinus.org
Project Linus is a non-profit organization with a mission to provide love, a sense of security, warmth and comfort to children who are seriously ill, traumatized, or otherwise in need through the gifts of new, handmade blankets and afghans, lovingly created by volunteer “blanketeers.”

Salvation Army
www.salvationarmyusa.org
The Salvation Army provides social services, rehabilitation centers, disaster services, character building groups and activities for all ages.
Sewing for Charity
http://sewing.about.com/od/freeprojects/tp/charitysewing.htm
The patterns and projects listed here can fill so many community needs at places like shelters, hospitals, nursing homes and more.

Students Rebuild
http://studentsrebuild.org
Create simple symbolic objects that are matched by funding from the organization to take action and facilitate change internationally.

United Way
www.unitedway.org
The United Way is a nationwide umbrella organization for thousands of charitable organizations.

United We Serve
www.serve.gov
Online resource for finding volunteer opportunities in your community and for creating your own.

Volunteer Match
www.volunteermatch.org
As the largest online network of participating nonprofits, VolunteerMatch attracts thousands of volunteers every day.

Youth Changing the World
Youth Service America
www.ysa.org
Find your voice, take action and make an impact on vital community issues.
Many community groups are looking for volunteers, and some may not have occurred to you. Most of us know that hospitals, libraries, and churches use volunteers for a great deal of their work, but here are some volunteer opportunities that may not have crossed your mind:

- Day care centers, Neighborhood Watch, Public Schools and Colleges
- Community Theaters, Fraternal Organizations and Civic Clubs
- Retirement Centers and Homes for the Elderly, Meals on Wheels, Church or Community-Sponsored Soup Kitchens or Food Pantries
- Museums, Art Galleries and Monuments
- Community Choirs, Bands and Orchestras
- Neighborhood Parks, Youth Organizations, Sports Teams and after-school programs
- Historical Restorations, Battlefields and National Parks