

# **Volunteer Opportunities For Teens**



**Make a Difference**

# Local Volunteer Agencies

American Red Cross

[www.redcross.org](http://www.redcross.org)

Travis Pam

646-584-1323

[travis.pam@redcross.org](mailto:travis.pam@redcross.org)

**14 years & older**

**Special Projects younger w/ parent**

American Littoral Society

[www.littoralsociety.org](http://www.littoralsociety.org)

Beach Clean Up- Natalie Grant

718-869-3488

[info@littoralsociety.org](mailto:info@littoralsociety.org)

**All ages with parent**

Atria- South Setauket

[www.atriaseniorliving.com](http://www.atriaseniorliving.com)

Karen Farrell

631-473-8000

**16 years & older**

Avalon Park S.T.A.T.E. Program

[state.avalonparkandpreserve.org](http://state.avalonparkandpreserve.org)

Kayla Kraker

631-786-2605

**Grades 8 through 12 (up to 17 years old)**

Bethel Hobbs Community Farm

<http://hobbsfarm.info/volunteer/>

631-774-1556

[ann@hobbsfarm.info](mailto:ann@hobbsfarm.info)

**11-18 years old (11-13 with parent)**

Bide-A-Wee Junior Volunteer Program

[www.bideawee.org/Volunteer](http://www.bideawee.org/Volunteer)

Alicia

866-262-8133 Wantagh

631-684-0079 West Hampton

**10-17 years old with parent (Mondays from 3-5pm, Saturdays vary)**

## Coastal Steward – Beach Cleanups

<https://coastalsteward.org/volunteer>

Denis Mellett

631-941-6528

[info@coastalsteward.org](mailto:info@coastalsteward.org)

**Opportunities for All Ages**

## Energeia for Teens- Molloy College

[www.molloy.edu/about-molloy-college/community-and-institutes/energeia-for-teens](http://www.molloy.edu/about-molloy-college/community-and-institutes/energeia-for-teens)

Nancy Fox

516-323-4706

[n.fox@molloycollege](mailto:n.fox@molloycollege)

**14-19 years old**

## The Guide Dog Foundation for the Blind

[volunteer.guidedog.org](http://volunteer.guidedog.org)

Barrie Madasu

631-930-9093 ext 108

**Opportunities for All Ages, (Application Required)**

## Habitat for Humanity

[www.habitat.org/volunteer](http://www.habitat.org/volunteer)

Caroljean D'Aquila - Outreach Associate

631-924-4966 ext. 108

[outreach@habitatsuffolk.org](mailto:outreach@habitatsuffolk.org)

**16 years & older (Opportunities for 5 to 40 years old & families)**

## League of Yes

Kristine Fitzpatrick

[www.leagueofyes.com/volunteer/](http://www.leagueofyes.com/volunteer/)

631-278-6385

[kristine@leagueofyes.com](mailto:kristine@leagueofyes.com)

**11-18 years old (Spring & Fall Only)**

## Long Island Blood Services

[www.nybloodcenter.org/support-us/volunteer-nybc/](http://www.nybloodcenter.org/support-us/volunteer-nybc/)

Robin Quagliata

516-478-5108

**16 years & older**

### **Long Island Cares, Hauppauge**

[www.licares.org/make-a-difference/volunteer/](http://www.licares.org/make-a-difference/volunteer/)

Christine Brown

631- 582-3663 ext. 120

**14 years & older**

### **Maritime Explorium, Port Jefferson**

<https://longislandexplorium.org/>

Carole Van Duyn

631-331-3277

[Info@MaritimeExplorium.Org](mailto:Info@MaritimeExplorium.Org)

**14 years & older**

### **Mather Hospital**

[www.matherhospital.org/become-a-volunteer.php](http://www.matherhospital.org/become-a-volunteer.php)

Keri Dunne

631-476-2749 ext. 4249

**14 years & older**

### **NYS Veterans Home at Stony Brook University**

<https://veteranshome.stonybrookmedicine.edu/volunteer>

Samantha Meyers

631-444-8590

[Samantha.Meyers@lisvh.org](mailto:Samantha.Meyers@lisvh.org)

**14 years & older**

### **Pal-O-Mine Equestrian**

<https://pal-o-mine.org/volunteer/>

Carol Ann Guerriero

631-348-1389

[cguerriero@pal-o-mine.org](mailto:cguerriero@pal-o-mine.org)

**16 years & older**

**Must attend volunteer orientation and receive 8 hours of training**

### **Quogue Wildlife Refuge**

<http://quoguwildliferefuge.org/get-involved/become-a-volunteer/>

Marisa Nelson

631-653-4771

[marisa@quoguwildliferefuge.org](mailto:marisa@quoguwildliferefuge.org)

**13 years & older**

## Reality Check Long Island

<http://realitycheckli.org/>

Judith Montauban

RCLI Manager

631-415-0944

[Judith.Montauban@lungne.org](mailto:Judith.Montauban@lungne.org)

**12-18 years old**

## Relay-for-Life

American Cancer Society

[RelayForLife.org](http://RelayForLife.org)

Pamela Parker

631-300-3178

**12 years & older**

## Sachem Community Youth Services

Tutors Needed

<http://www.sachemcys.com/>

Ilyse Kantor

631-585-1811

[ik.sachemcys@gmail.com](mailto:ik.sachemcys@gmail.com)

## Save-A-Pet: Port Jefferson Station

[www.saveapetny.org](http://www.saveapetny.org)

Dori Scofield

631-473-6333

[volunteer@saveapetny.org](mailto:volunteer@saveapetny.org)

**12 years & older**

## Special Olympics

<http://specialolympics-ny.org/volunteers>

Diane Colonna

631-254-1465 ext. 4206

**13 - 16 years with parent**

## **St. Charles Hospital**

<http://stcharleshospital.chsli.org/volunteer-hospital>

Tina Murano

631-474-6365

**15 years & older**

## **Stony Brook Hospital**

[www.stonybrookmedicine.edu/patientcare/hospital-volunteers](http://www.stonybrookmedicine.edu/patientcare/hospital-volunteers)

Kathy Kress

631-444-2610

[Kathleen.Kress@stonybrookmedicine.edu](mailto:Kathleen.Kress@stonybrookmedicine.edu)

**14 years & older**

## **Suffolk County Council**

### **Boy Scouts of America**

Kimberly Russel

631-924-7000 ext. 0

[Kimberly.Russell@scouting.org](mailto:Kimberly.Russell@scouting.org)

**Must be 14 years old and older**

**Call for volunteer opportunities**

## **Suffolk County Police Explorers, Medford**

<http://apps.suffolkcountyny.gov/police/communityoutreach.htm>

**14-21 years old**

## **Sunshine Prevention Center, Port Jefferson Station**

[www.sunshinepreventionctr.org](http://www.sunshinepreventionctr.org)

Carol Carter

631-476-3099

**14 years & older**

## **Sweetbriar Nature Center**

<http://sweetbriarnc.org>

Eric Young

631-979-6344 ext. 102

[eyswbriarnc@aol.com](mailto:eyswbriarnc@aol.com)

**16 years & older**

**younger with parent present**

## **Town of Brookhaven Highway Department**

Holtsville Ecology Center

April

631-758-9664, ext. 19

**16 years & up with valid Social Security card**

## **Town of Brookhaven Youth Board**

Frank Petrignani

631-451-8011 (main)

631-451-6547 (voicemail)

**14-18 years**

## **Town of Brookhaven Youth Bureau**

**INTERFACE Program**

Josephine Lunde

631-451-8011 (main)

631-451-8026 (voicemail)

**11-18 years**

## **Ward Melville Heritage Youth Corps**

<https://wmho.org/education-programs/youth-corps/>

Deborah Boudreau

631-751-2244

**11-17 years**

## **YMCA- Patchogue**

<https://ymcali.org/association-services/volunteer>

Phil Insalaco

631-891-1800 ext. 812

[phil.insalaco@ymcali.org](mailto:phil.insalaco@ymcali.org)

**15-17 years old**

**or call 1-855-2YMCALI to volunteer at a branch near you**

# Junior Firefighter Programs

These programs are generally restricted to teens between the ages of 14 and 17.

An application may be required; please contact your local Fire Department for availability and more information.

## Farmingville Fire Department

780 Horseblock Road

Farmingville, NY 11738

Contact: Eddie Stewart

631-732-6611

## Holbrook Fire Department

390 Terry Road

Holbrook, NY 11741

631-588-0099

## Holtsville Fire Department

1025 Waverly Avenue

Holtsville, NY 11742

Contact: Eric

631-475-5238

## Lakeland Fire Department

929 Johnson Avenue

Ronkonkoma, NY 11779

Contact: Dennis

631-588-8373

## Ronkonkoma Fire Department

Explorer Program

177 Portion Road

Lake Ronkonkoma, NY 11779

631-588-8204



# Independent Volunteer Opportunities

## AmeriCorps

[www.nationalservice.gov/programs/ Americorps](http://www.nationalservice.gov/programs/ Americorps)

AmeriCorps is a network of local, state, and national service programs that connects more than 70,000 Americans each year in intensive service to meet our country's critical needs in education, public safety, health, and the environment.

## ASPCA

<http://www.aspca.org/take-action>

Create your own fundraising campaign for animals.

## Do Something

[www.dosomething.org](http://www.dosomething.org)

Uses the power of online to get teens to do good stuff offline.

## Kish for Wish Kids

[wish.org/ways-to-help/fundraising/kids-for-wish-kids](http://wish.org/ways-to-help/fundraising/kids-for-wish-kids)

Partner with Make-A-Wish chapters to create fundraisers and sponsor a wish for a child with a life-threatening medical condition.

## **Nicodemus Wilderness Project**

### **Apprentice Ecologist Initiative Program**

<http://www.wildernessproject.org/volunteer.php>

The Nicodemus Wilderness Project is a 501(c)(3) publicly-supported nonprofit organization that coordinates large-scale events that utilize the resources of the local community to provide long-term environmental benefits for nature and wildlife. The goals of the Apprentice Ecologist Initiative™ (officially recognized by the U.S. EPA) are to elevate kids and teens into leadership roles by engaging them in environmental stewardship projects, empower youth to rebuild the environmental and social well-being of our communities, and improve local living conditions for both citizens and wildlife.

## **On Giants' Shoulders**

[www.ongiantsshoulders.org](http://www.ongiantsshoulders.org)

An online community service initiative for high school students to motivate at risk elementary and middle school teens.

## **Project Linus**

[www.projectlinus.org](http://www.projectlinus.org)

Project Linus is a non-profit organization with a mission to provide love, a sense of security, warmth and comfort to children who are seriously ill, traumatized, or otherwise in need through the gifts of new, handmade blankets and afghans, lovingly created by volunteer "blanketeers."

## **Salvation Army**

[www.salvationarmyusa.org](http://www.salvationarmyusa.org)

The Salvation Army provides social services, rehabilitation centers, disaster services, character building groups and activities for all ages.

## **Sewing for Charity**

<http://sewing.about.com/od/freeprojects/tp/charitysewing.htm>

The patterns and projects listed here can fill so many community needs at places like shelters, hospitals, nursing homes and more.

## **Students Rebuild**

<http://studentsrebuild.org>

Create simple symbolic objects that are matched by funding from the organization to take action and facilitate change internationally.

## **United Way**

[www.unitedway.org](http://www.unitedway.org)

The United Way is a nationwide umbrella organization for thousands of charitable organizations.

## **United We Serve**

[www.serve.gov](http://www.serve.gov)

Online resource for finding volunteer opportunities in your community and for creating your own.

## **Volunteer Match**

[www.volunteermatch.org](http://www.volunteermatch.org)

As the largest online network of participating nonprofits, VolunteerMatch attracts thousands of volunteers every day.

## **Youth Changing the World**

### **Youth Service America**

[www.ysa.org](http://www.ysa.org)

Find your voice, take action and make an impact on vital community issues.

# Think Outside the Box!

Many community groups are looking for volunteers, and some may not have occurred to you. Most of us know that hospitals, libraries, and churches use volunteers for a great deal of their work, but here are some volunteer opportunities that may not have crossed your mind:

- Day care centers, Neighborhood Watch, Public Schools and Colleges
- Community Theaters, Fraternal Organizations and Civic Clubs
- Retirement Centers and Homes for the Elderly, Meals on Wheels, Church or Community-Sponsored Soup Kitchens or Food Pantries
- Museums, Art Galleries and Monuments
- Community Choirs, Bands and Orchestras
- Neighborhood Parks, Youth Organizations, Sports Teams and after-school programs
- Historical Restorations, Battlefields and National Parks